

Wigan Borough

family hübs

Wigan Central Activity Guide

Working together to support families



What are Family Hubs?

Family Hubs bring together all the support a family may need, from pregnancy through to young people turning 19 (or 25 if they have a Special Educational Need or Disability (SEND)). We are operating as a network of services within your neighbourhood to provide accessible and connected services.



Who is available at Wigan Central Family Hub?

- Activities for Children Aged 0-5
- Adult Learning Team
- Adult Wellbeing Practitioners
- Aspiring Futures
- Attendance Service
- Be Well Health Advisors
- Building Attachments and Bonds Service
- CAMHS School Link Team
- Citizens Advice Wigan Borough (CAB)
- Children and Young People's Social Prescribers
- Community Link Workers
- Daisy and Fern Midwifery Teams
- Department for Work and Pensions (DWP)
- Educational Psychology Service
- Embrace
- Family Information Service
- Friends First English Conversational Class & Support
- Health Visiting Service
- Housing Support
- Local Councillors
- Locala Sexual Health
- Mental Health in Schools Support Team
- Parent Carer Forum
- Parenting Offer (Training/Drop-In's)
- Portage Service
- Primary Care Network (Health Screening etc)
- Reach Service
- SEND Engagement Officer
- Specialist Perinatal Service
- Tenant Voice and Engagement Team
- With You (Substance Misuse Service)

How to engage with our services?

On the next few pages, you can view our upcoming timetable for sessions and activities at Wigan Central Family Hub run by our partner services. Each session or activity will outline whether it is a drop in, bookable or appointment/requires a referral to attend.

Drop ins – You can just come to the hub and attend any sessions or activities.

Bookings – You must contact the hub prior to the activity and book a place by calling 01942 488000.

Appointments/referrals – Please visit our [website](#) for full details and guidance on how to book onto these.



Week Commencing 1st April

Monday

Easter Monday – Family Hub is closed

Tuesday

Daisy Team Midwife Appointments
1.00-5.00pm

Embrace Appointments
4.00-6.00pm

Wednesday

Health Checks and Blood Pressure Monitoring Appointments
9.00-4.00pm

Aspiring Futures Mentor Appointments
1.00-5.00pm

DWP Drop-In
1.30-3.00pm

Bump, Baby and You Course (Bookable)
5.00-7.30pm

Thursday

Fern Team Midwife Appointments
9.00-5.00pm

Citizen's Advice Drop-In
9.00-11.30am

Be Well Health Advisor Drop-In
12.00-2.00pm

Easter Crafts (All Ages) Bookable
1.00-2.00pm
2.30-3.30pm

Reach Drop-In for Young People and Parents/Carers
2.00-5.00pm

Friday

Infant Feeding Clinic (Appointments Only)
9.30-11.00am

Children & Young People's Social Prescribers*
Drop-In: 10.00 – 12.30pm
Appointments: 1.00-4.00pm

Embrace Appointments
10.00-12.30pm

Local Councillor Surgery Drop-In
11.00-12.00pm

Health Checks and Blood Pressure Monitoring Appointments
12.00-4.00pm



*Children and young people must be registered with a Wigan Central or North GP Practice, these are - Aspull, Beech Hill, Bradshaw, Dicconson, Longshoot, Marsh Green, Mesnes View, Newtown, Pemberton, Shevington, Standish, Sullivan Way & Wrightington St.

Week Commencing 8th April

Monday

Fern Team Midwife
Appointments
9.00-5.00pm

WithYou Drop-In
9.00-1.00pm

Outdoor Play Session
'The Meadows' (All Ages)
Bookable
10.00-11.30am
1.30-3.00pm

Community Link Worker
Drop-In
11.00-1.00pm

Demystifying Mental
Health Group Drop-In
11.30-12.30pm

All Things Housing Drop-
In
1.00-4.00pm

Family Information
Service Drop-In
2.30-4.30pm

Tuesday

MMR Vaccination Clinic
(Appointments Only)
9.30-12.00pm

Daisy Team Midwife
Appointments
1.00-5.00pm

Building Attachment
Bonds Parent/Child Drop-
In
1.00-3.00pm

Wednesday

Health Checks and Blood
Pressure Monitoring
Appointments
9.00-4.00pm

Aspiring Futures Mentor
Appointments
1.00-5.00pm

Bump, Baby and You
Course (Bookable)
5.00-7.30pm

Thursday

Fern Team Midwife
Appointments
9.00-5.00pm

Be Well Health Advisor
Drop-In
12.00-2.00pm

Anxiety Support
Workshops for
Parents/Carers
1.00pm, 3.00pm, 5.00pm
(Bookable)

Reach Drop-In for Young
People and
Parents/Carers
2.00-5.00pm

With You Substance
Misuse Training for
Parents/Carers and
Professionals (Bookable)
6.00-8.00pm

Friday

Infant Feeding Clinic
(Appointments Only)
9.30-11.00am

Children & Young
People's Social
Prescribers*
Drop-In: 10.00 – 12.30pm
Appointments: 1.00-
4.00pm

Outdoor Play Session
'The Meadows' (All Ages)
Bookable
10.00-11.30am
1.30-3.00pm

Health Checks and Blood
Pressure Monitoring
Appointments
12.00-4.00pm



Week Commencing 15th April

Monday

**Fern Team Midwife
Appointments**
9.00-5.00pm

WithYou Drop-In
9.00-1.00pm

**Community Link Worker
Drop-In**
11.00-1.00pm

**Demystifying Mental
Health Group Drop-In**
11.30-12.30pm

All Things Housing Drop-In
1.00-4.00pm

**Family Information Service
Drop-In**
2.30-4.30pm

Tuesday

**Specialist Perinatal Service
Appointments**
9.00-12.30pm

**Physical Babies (0-6
Months) Bookable**
9.15-10.15am

ADHD Group for Adults
11.30-12.30pm (Book via
GP)

**Daisy Team Midwife
Appointments**
1.00-5.00pm

**CAMHS School Link Drop-
In**
1.00-6.00pm

**Introduction to Solid Food
Session (Bookable)**
1.00-2.00pm

**Friends First English Class
Drop-In**
1.00-2.30pm

Embrace Appointments
4.00-6.00pm

Wednesday

**Health Checks and Blood
Pressure Monitoring
Appointments**
9.00-4.00pm

**Baby Bumps and Bashes
(First Aid) Bookable**
10.00-1.00pm

**Aspiring Futures Mentor
Appointments**
1.00-5.00pm

**Bump, Baby and You
Course (Bookable)**
5.00-7.30pm

**Parent Carer Panel
Recruitment/Information
Drop-In Evening**
6.00-8.00pm

Thursday

**Fern Team Midwife
Appointments**
9.00-5.00pm

Citizen's Advice Drop-In
9.00-11.30am

Young Parents Group
10.30-12.00pm (Bookable)

**Attendance Service Drop-
In**
11.00-3.00pm

**Be Well Health Advisor
Drop-In**
12.00-2.00pm

**Understanding Your Child,
Solihull Approach
Parenting Training
(Bookable)**
12.30 -2.30pm

**Reach Drop-In for Young
People and Parents/Carers**
2.00-5.00pm

Sexual Health Drop In
3.00-6.00pm

Friday

Portage Service (Referral)
9.00-12.00pm

**Infant Feeding Clinic
(Appointments Only)**
9.30-11.00am

**Children & Young People's
Social Prescribers***
Drop-In: 10.00 – 12.30pm
Appointments: 1.00-
4.00pm

Embrace Appointments
10.00-12.30pm

**Health Checks and Blood
Pressure Monitoring
Appointments**
12.00-4.00pm



Week Commencing 22nd April

Monday

**Fern Team Midwife
Appointments**
9.00-5.00pm

WithYou Drop-In
9.00-1.00pm

**Infant Massage (0-6
Months) Bookable**
9.15-10.15am

**Baby and Me (0-6 Months)
Bookable**
11.00-11.45am

**Community Link Worker
Drop-In**
11.00-1.00pm

**Demystifying Mental
Health Group Drop-In**
11.30-12.30pm

All Things Housing Drop-In
1.00-4.00pm

**Ready Steady Play (2-5
Years) Bookable**
1.45-2.45pm

**Family Information Service
Drop-In**
2.30-4.30pm

Tuesday

**Specialist Perinatal Service
Appointments**
9.00-5.00pm

**Physical Babies (0-6
Months) Bookable**
9.15-10.15am

ADHD Group for Adults
11.30-12.30pm (Book via
GP)

**Daisy Team Midwife
Appointments**
1.00-5.00pm

**Friends First English Class
Drop-In**
1.00-2.30pm

Wednesday

**Health Checks and Blood
Pressure Monitoring
Appointments**
9.00-4.00pm

**SEND Engagement Officer
Drop-In**
11.00-7.00pm

**Parent Carer Forum Drop-
In**
12.00-2.00pm

**Aspiring Futures Mentor
Appointments**
1.00-5.00pm

**Bump, Baby and You
Course (Bookable)**
5.00-7.30pm

**Youth Connect Five
(Bookable)**
5.30-7.30pm

Thursday

**Fern Team Midwife
Appointments**
9.00-5.00pm

Young Parents Group
10.30-12.00pm (Bookable)

**Attendance Service Drop-
In**
11.00-3.00pm

**Be Well Health Advisor
Drop-In**
12.00-2.00pm

**Understanding Your Child,
Solihull Approach
Parenting Training
(Bookable)**
12.30 -2.30pm

**Let's Talk with Your Baby
(6-12 Months) Bookable**
1.45-2.45pm

**Reach Drop-In for Young
People and Parents/Carers**
2.00-5.00pm

Friday

**Infant Feeding Clinic
(Appointments Only)**
9.30-11.00am

**Children & Young People's
Social Prescribers***
Drop-In: 10.00 – 12.30pm
Appointments: 1.00-
4.00pm

Childminder Drop-In
10.00-11.30am

**Health Checks and Blood
Pressure Monitoring
Appointments**
12.00-4.00pm

Messy Play (0-5 Years)
Bookable
2.00-2.45pm

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Week Commencing 29th April

Monday

Fern Team Midwife
Appointments
9.00-5.00pm

WithYou Drop-In
9.00-1.00pm

Infant Massage (0-6 Months)
Bookable
9.15-10.15am

Baby and Me (0-6 Months)
Bookable
11.00-11.45am

Community Link Worker
Drop-In
11.00-1.00pm

Demystifying Mental Health
Group Drop-In
11.30-12.30pm

All Things Housing Drop-In
1.00-4.00pm

Ready Steady Play (2-5 Years)
Bookable
1.45-2.45pm

Family Information Service
Drop-In
2.30-4.30pm

Tenant Voice Community
Cuppa Drop-In
1.00-3.00pm

Tuesday

Physical Babies (0-6 Months)
Bookable
9.15-10.15am

ADHD Group for Adults
11.30-12.30pm (Book via GP)

Daisy Team Midwife
Appointments
1.00-5.00pm

Friends First English Class
Drop-In
1.00-2.30pm

Embrace Appointments
4.00-6.00pm

Wednesday

Health Checks and Blood
Pressure Monitoring
Appointments
9.00-4.00pm

Aspiring Futures Mentor
Appointments
1.00-5.00pm

DWP Drop-In
1.30-3.00pm

Bump, Baby and You Course
(Bookable)
5.00-7.30pm

Youth Connect Five
(Bookable)
5.30-7.30pm

Thursday

Fern Team Midwife
Appointments
9.00-5.00pm

Citizen's Advice Drop-In
9.00-11.30am

Young Parents Group
10.30-12.00pm (Bookable)

Attendance Service Drop-In
11.00-3.00pm

Be Well Health Advisor
Drop-In
12.00-2.00pm

Understanding Your Child,
Solihull Approach Parenting
Training (Bookable)
12.30 -2.30pm

Let's Talk with Your Baby
(6-12 Months) Bookable
1.45-2.45pm

Reach Drop-In for Young
People and Parents/Carers
2.00-5.00pm

Friday

Portage Service (Referral)
9.00-12.00pm

Infant Feeding Clinic
(Appointments Only)
9.30-11.00am

Children & Young People's
Social Prescribers*
Drop-In: 10.00 – 12.30pm
Appointments: 1.00-4.00pm

Embrace Appointments
10.00-12.30pm

Local Councillor Surgery Drop-
In
11.00-12.00pm

Health Checks and Blood
Pressure Monitoring
Appointments
12.00-4.00pm

Messy Play (0-5 Years)
Bookable
2.00-2.45pm



*Children and young people must be registered with a Wigan Central or North GP Practice, these are - Aspull, Beech Hill, Bradshaw, Dicconson, Longshoot, Marsh Green, Mesnes View, Newtown, Pemberton, Shevington, Standish, Sullivan Way & Wrightington St.

Our Outreach Offer

Week Commencing 1st April

Monday

Easter Monday - Family
Hub is closed

Tuesday

Easter Crafts for All
Ages 10.00-11.00am
Clifton Street
Community Centre

Wednesday

Egg-Stra Special Story
and Rhyme for All
Ages
10.00-11.00am
Marsh Green Library

Thursday

Egg-Stra Special Story
and Rhyme for All
Ages
1.45-2.30pm
Orrell Lamberhead
Green Library

Friday

'We're Going on an Egg
Hunt' for All Ages
10.00-11.00am
Alexandra Park

'We're Going on an Egg
Hunt' for All Ages
1.30-2.30pm
Orrell Water Park

Just come along to any of the above sessions, no booking necessary.

Full details for venues:

Clifton Street Community Centre, Clifton Street, WN3 5HN

Marsh Green Library, Harrow Road, WN5 0QL

Orrell Lamberhead Green Library, Greenhey, WN5 0DQ

Alexandra Park, Victoria Street, WN5 9BN

Orrell Water Park, Lodge Road, WN5 7AT



Our Outreach Offer

Week Commencing 8th April

Monday

Tuesday

Nature Easter Egg
Crafting for All Ages
1.30-2.30pm
Orrell Water Park

Wednesday

Egg-Stra Special Story
and Rhyme for All Ages
10.00-11.00am
Marsh Green Library

Thursday

Egg-Stra Special Story
and Rhyme for All Ages
1.45-2.30pm
Orrell Lamberhead
Green Library

Friday

Just come along to any of the above sessions, no booking necessary.

Full details for venues:

Marsh Green Library, Harrow Road, WN5 0QL

Orrell Lamberhead Green Library, Greenhey, WN5 0DQ

Orrell Water Park, Lodge Road, WN5 7AT



Our Outreach Offer

Week Commencing 15th April

Monday

Tuesday

Infant Massage (0-6
Months)
9.15-10.15am
Clifton Street
Community Centre

Baby and Me (0-6
Months) 10.45-
11.30am
Clifton Street
Community Centre

Wednesday

Moo Music (0-5 Years)
1.30-2.15pm
Clifton Street
Community Centre

Thursday

Moo Music (0-5 Years)
10.00-10.45am
Bramble House

Friday

Booking is required for all sessions, please contact 01942 488000 to book a place.

Full details for venues:

Clifton Street Community Centre, Clifton Street, WN3 5HN

Bramble House, Broom Road, WN5 9QE



Our Outreach Offer

Week Commencing 22nd April

Monday

Story and Rhyme (0-5 Years)
9.15am-10.00am
Marsh Green Library

Let's Talk With Your Baby
(6-12 Months)
1.45-2.45pm
St Paul's Hall

Tuesday

Infant Massage (0-6 Months)
9.15-10.15am
Clifton Street Community Centre

Baby and Me (0-6 Months)
10.45-11.30am
Clifton Street Community Centre

Wednesday

Moo Music (0-5 Years)
1.30-2.15pm
Clifton Street Community Centre

Thursday

Moo Music (0-5 Years)
10.00-10.45am
Bramble House

Story and Rhyme (0-5 Years)
1.45-2.45pm
Orrell Lamberhead Green Library

Friday

Story and Rhyme (0-5 Years)
9.15-10.00
Orrell Newfold School

Weekly Walk (0-5 Years)
10.00-11.00am
Alexandra Park, Newtown

Weekly Walk (0-5 Years)
11.00-12.00pm
Orrell Water Park

Infant Massage (0-6 Months)
1.00-2.00pm
Orrell Newfold School

Baby and Me (0-6 Months)
2.30-3.15pm
Orrell Newfold School

Booking is required for all sessions, please contact 01942 488000 to book a place.

Full details for venues:

Marsh Green Library, Harrow Road, WN5 0QL

St Paul's Hall, Clapgate Lane, WN3 6SB

Clifton Street Community Centre, Clifton Street, WN3 5HN

Bramble House, Broom Road, WN5 9QE

Orrell Lamberhead Green Library, Greenhey, WN5 0DQ

'Our Space' at Orrell Newfold School, St James' Road, WN5 7BD

Alexandra Park, Victoria Street, WN5 9BN

Orrell Water Park, Lodge Road, WN5 7AT



Our Outreach Offer

Week Commencing 29th April

Monday

Story and Rhyme (0-5 Years)
9.15am-10.00am
Marsh Green Library

Let's Talk With Your Baby
(6-12 Months)
1.45-2.45pm
St Paul's Hall

Tuesday

Infant Massage (0-6 Months)
9.15-10.15am
Clifton Street Community Centre

Baby and Me (0-6 Months)
10.45-11.30am
Clifton Street Community Centre

Wednesday

Moo Music (0-5 Years)
1.30-2.15pm
Clifton Street Community Centre

Thursday

Moo Music (0-5 Years)
10.00-10.45am
Bramble House

Story and Rhyme (0-5 Years)
1.45-2.45pm
Orrell Lamberhead Green Library

Friday

Story and Rhyme (0-5 Years)
9.15-10.00
Orrell Newfold School

Weekly Walk (0-5 Years)
10.00-11.00am
Alexandra Park, Newtown

Weekly Walk (0-5 Years)
11.00-12.00pm
Orrell Water Park

Infant Massage (0-6 Months)
1.00-2.00pm
Orrell Newfold School

Baby and Me (0-6 Months)
2.30-3.15pm
Orrell Newfold School

Booking is required for all sessions, please contact 01942 488000 to book a place.

Full details for venues:

Marsh Green Library, Harrow Road, WN5 0QL

St Paul's Hall, Clapgate Lane, WN3 6SB

Clifton Street Community Centre, Clifton Street, WN3 5HN

Bramble House, Broom Road, WN5 9QE

Orrell Lamberhead Green Library, Greenhey, WN5 0DQ

'Our Space' at Orrell Newfold School, St James' Road, WN5 7BD

Alexandra Park, Victoria Street, WN5 9BN

Orrell Water Park, Lodge Road, WN5 7AT



Come and explore our Sensory Room

There are various benefits of sensory toys and spaces which focus on promoting touch, increasing concentration, relaxation, developing fine motor skills and encouraging language skills. You can book on to these free 1 hour time slots by calling 01942 488000. The following days and times are available to book for all families:

Tuesdays: 11.00-12.00, 12.30-1.30, 2.00-3.00, 3.30-4.30

Wednesdays: 9.30-10.30, 11.00-12.00, 12.30-1.30, 2.00-3.00, 3.30-4.30

Thursdays: 9.30-10.30, 11.00-12.00, 12.30-1.30

Fridays: 9.30-10.30, 11.00-12.00, 12.30-1.30, 2.00-3.00, 3.30-4.30



How can you have your say and get involved?

We need your help to ensure that Family Hubs are designed to meet the needs of our families. We are talking to lots of families, young people, and professionals, to make sure that Family Hubs will work well for as many people as possible.

If you're interested in shaping the future of family support in your neighbourhood, please take a few minutes and tell us what you think by filling our online form at **www.wigan.gov.uk/FamilyHubs**



We will also be establishing a parent/carers panel in each Family Hub neighbourhood, which will enable parents and carers to work together to help design, deliver and evaluate success across Wigan and Leigh.

If you would like to be involved, please contact Diane Bradbury at **earlyhelpvolunteering@wigan.co.uk**